

PSHCE Long Term Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 1	<p>Be Yourself Marvellous me Feelings Things I like Uncomfortable feelings Changes Speak up</p> <p>Young Leaders Award - Being Kind</p>	<p>Money Matters Money Keeping it safe Save or spend Want or need Look after it Going shopping</p> <p>Perseverance</p>	<p>Team Together everyone achieves more Listening Being Kind Bullying and teasing Brilliant brains Making good choices</p> <p>Commando Joe's Simba and Me Be able to talk about what makes a good friend Know why we need to have good manners</p> <p>Teamwork</p>	<p>Britain My school My community My neighbourhood My country British people What makes me proud of Britain</p> <p>Action</p>	<p>It's my body My body, my business Active and asleep Happy Healthy Food Clean as a whistle Can I eat it? I can choose</p>	<p>Aiming High Star qualities Positive learners Bright future Jobs for all Going for goals Looking forward</p> <p>Transition</p>

<p>Class 2 Year A</p>	<p>Be Yourself Pride Feelings Express yourself Know your mind Media-wise Making it right</p>	<p>Money Matters Where does money come from? Ways to pay Lending and borrowing Priorities Advertising Keeping track</p>	<p>Britain Living in Britain Democracy Laws, rules, responsibilities Liberty Tolerance and respect What does it mean to be British?</p>	<p>Team Everyone achieves more Working Together Being considerate When things go wrong Responsibilities Commando Joe's Samuel Pepys Be more independent and know ways of helping themselves without over reliance on adults. Be persistent in their attempts to succeed and not give up easily. Know why rules are important.</p>	<p>It's my body My body, my choice Fit as a fiddle Good night, good day Drugs - healing or harmful Choices everywhere</p>	<p>Aiming High Achievements Goals Always learning Jobs and skills No limits When I grow up Transition</p>
<p>Year B</p>	<p>Think positive Think happy, feel happy It's your choice Go-Getters Let it out</p>	<p>Respecting Rights Rights Protecting our rights Respecting others Everybody's</p>	<p>Safety First Keeping safe Staying safe at home Staying safe outside</p>	<p>One World Families Homes Schools Environments Resources</p>	<p>Growing up Our bodies Is it okay? Pink and blue Look at me now Getting older</p>	<p>VIP's Who are your VIP's? Families Friends Falling out</p>

	<p>Be thankful Be mindful</p>	<p>different Is it fair? Taking part</p>	<p>Staying safe online The Underwear Rule People who can help</p>	<p>Planet Protectors</p>	<p>Changes</p>	<p>Working together Showing you care</p> <p>Commando Joe's Ernest Shackleton Able to articulate strengths and needs Understand you can learn from making mistakes Know you need to have facts before judgements are made Able to take time to solve problems and find solutions</p>
<p>Class 3 Year A</p>	<p>Be Yourself You are unique Let it out Uncomfortable feelings The confidence trick Do the right thing Making amends</p>	<p>Team Everyone achieve more Communicate Collaborate Compromise Being sensitive Shared responsibilities</p>	<p>Britain Identities Communities Respecting the law Local government National government Making a difference</p>	<p>Money Matters Look after it Critical consumers Value for money Budgeting Borrowing and saving Money in the wider world</p>	<p>It's my body Your body is your own Sleep well, be well Taking care of our changing bodies Harmful substances How we think and feel about our</p>	<p>Aiming High You can do anything! Breaking down barriers Future focus Equal opportunities Innovation and enterprise Onwards and</p>

<p>Year B</p>	<p>Think positive Happy minds, happy people Thoughts and feelings Changes Keep calm and relax You're the boss Always learning</p>	<p>Commando Joe's Sparticus Know the importance of making good life choices Understand the need to be patient at certain times Respect others' opinions and differences Know that being brave contributes to being the best they can be Accept rules and follow them</p> <p>Respecting Rights Rights Are all rights equal? Rules Rights without responsibilities Respect Challenging stereotypes</p>	<p>Safety First New responsibilities Risks, hazards and danger Under pressure Road safety Dangerous substances Stay safe on-line</p>	<p>One World Chiwa and Kwende Chiwa's dilemma 1 Chiwa's dilemma 2 Chiwa's sugar Chiwa's world Charity for Chiwa</p>	<p>bodies Healthy choices</p> <p>Growing up Human reproduction Changes in boys Changes in girls Where do I come from?</p> <p>Commando Joe's Be able to articulate strengths and needs Understand you</p>	<p>upwards Transition</p> <p>VIP's Making friends Staying friends Is this a good friend? Falling out Bullying Anti-bullying</p> <p>Transition</p>
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			<p>First Aid St. John's Ambulance website - training for pupils Head Injuries Bites/Stings Asthma</p>		<p>can learn from making mistakes Know you need to have facts before judgments are made Be able to take time to solve problems and find solutions</p>	
Class 4	<p>Think positive The Cognitive Triangle Thoughts are not facts Facing our feelings Choices and consequences Being present Yes I can!</p>	<p>Rights Respecting Know your rights Do human rights apply to everyone? Are everyone's rights met? Are you rights respecting? Do human rights change? Human rights heroes</p>	<p>Safety First You are responsible What are the risks? Making your mind up? In an emergency Keep IT safe Click safe, click happy St. John's Ambulance website - training for pupils Bleeding Choking Basic Life Support</p>	<p>VIP's Family and friends Think before you act It's ok to disagree You decide Secrets False friends Commando Joe's Nancy Wake Know what makes a strong friendship and why trust is important Use care and creativity to express concerns for the environment Be able to learn</p>	<p>One World Global citizens Global warming Energy Water Biodiversity In our hands</p>	<p>Growing up Changing Bodies Emotional changes Just the way you are Relationships Human reproduction School nurse - Changes/Growing up Transition Young Leaders Award</p>

				how to be courageous for others		
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The areas highlighted in green will be covered through our computing and science curriculum.

Enrichment Activities may include:

Anti-bullying week (November)

Children in Need (November)

Internet Safety Day (February)

Black History Month (February)

Comic Relief (February)

LGBT Awareness Week (February)

Global Recycling Day (March)

Carers Week (June)

World Environment Day (June)

Residential Years 5/6